

Apple Farm Massage & Spa Menu

MASSAGE MENU

Come enjoy a world class massage from one of our talented therapists who have been with the Apple Farm Massage Center for over ten years!

Available by Appointment Only 9:00 AM to 9:00 PM Daily

Moisturizing Swedish Massage

Long, flowing, connecting strokes are used with a fragrance free blend of organic jojoba and sesame seed oil. These oils are superb emollients, lubricants, and skin conditioners.

25 minute \$60 55 minute \$85 80 minute \$115

Deep Tissue Massage

Various therapeutic techniques and a synergistic blend of essential oils, specific for muscle recovery, will reach deep into the layers of muscle tissue helping to relieve pain, stiffness, and discomfort.

25 minute \$70 55 minute \$100 80 minute \$130

Apple Farm Garden Massage

A stress relieving massage along with our handcrafted aromatherapy blend of camellia, geranium, and verbena oils draw you deep into relaxation, helping to restore you to a calm state of balance.

25 minute \$65 55 minute \$95 80 minute \$125

Apple Cider Shea Butter Massage

Acupressure to the back, neck, and shoulders is followed by a deliciously rich skin conditioning Apple Cider Shea Butter massage and topped off with our signature scalp massage and face wrap.

25 minute \$65 55 minute \$95 80 minute \$125

Green Acres Lavender Massage

Bask in the heavenly aroma of locally grown lavender combined with filtered jojoba oil. Together they absorb easily through the skin and senses facilitating a peaceful tranquility.

25 minute \$65 55 minute \$95 80 minute \$125

Massage for Mothers-To-Be

We use our fragrance free organic jojoba oil with this nurturing massage that is designed for the unique needs of the expectant mother. The comforting essential oil extracts of birch and blackthorn, which smooth and firm the skin, can be added for an additional \$10.

25 minute \$60 55 minute \$85

*Deep tissue can be added to any treatment for an additional \$15
Guests may dial 'O' to make an appointment 24/7*

FACIAL THERAPY

Essential Oil Face Wrap

An exquisite essential oil face, neck, and shoulder massage is followed by a mild cleansing, refreshing aromatic spritz and warm steam towel wraps. Finished with the Apple Farm signature acupressure scalp massage. We add a 25 minute Swedish massage to this treatment for only \$40.

55 minute \$95

80 minute Package \$130

Gentleman's Face Treatment

Spruce infused warm towels wrap the face, softening the beard and preparing the skin for a tension relieving pressure point massage given to the face, neck, shoulders, and scalp using birch oil. You will emerge with a renewed feeling of youthful confidence.

25 minutes \$70

55 minutes \$95

BODY THERAPY

Hand and Foot Treatment

An exfoliating brushing and soothing massage are given to the hands and feet followed by a sage infused hot towel wrap. Moisturizing rosemary toner leaves you feeling renewed and refreshed.

25 minute \$70

55 minute \$95

Skin Polish with Lymphatic Massage

This healthy treatment takes you deeply into relaxation as it exfoliates and soothes dry skin allowing it to breathe. The lymphatic massage furthers the elimination of toxins lodged in the body.

25 minute \$70

55 minute \$95

Rejuvenating Scalp and Foot

A full body dry brush exfoliation opens clogged pores and follicles. A nourishing blend of oils is massaged into the scalp and a body silk lotion to the body. The feet are massaged with a peppermint pumice powder and wrapped in steamed towels. Arise with lifted spirits and greater mental clarity.

80 minute \$130

Apple Farm Pamper Package

A full body dry brush exfoliation is followed by a relaxing soak in the hot tub on our private garden patio. Re-hydrate with a refreshing glass of apple juice and a lavish Apple Cider Shea Butter massage. A mini- facial and an acupressure scalp massage complete your session. A fabulous treat!

2 hours \$190